



Hope at Hand

“Reindeer/ Acceptance”

Directions

1. Read: Five Little Reindeer poem.
2. Read: With the group, read Rudolph the Red-Nosed Reindeer. Speak to the group about why Rudolph was not included in the beginning. Talk to the students about how important it is to accept themselves and others, and how to feel free to be themselves.
3. Write: Complete the *You Are Special and Unique* worksheet. Have the group fill out three things they love about themselves on the worksheet.
4. Art: Ask participants to color in the five little reindeer. Have them place their hand in the paint, then press down on the paper to make their handprint. This is a great gift for them to give to a family member or to hang up for holiday cheer.

Materials

Colored pencils or crayons, washable and non-toxic paint, paper plates for paint.

Five Little Reindeer

Five little reindeer playing in the snow

First one said,

“Can you see my nose glow?”

Second one said,

“Listen to me sing!”

Third one said,

“I can hear the bells ring.”

Fourth one said,

“Let’s eat pie!”

Fifth one said,

“I’m ready to fly!”

Then clomp went their hooves

And the snow fell white

As the five little reindeer

flew out of sight.

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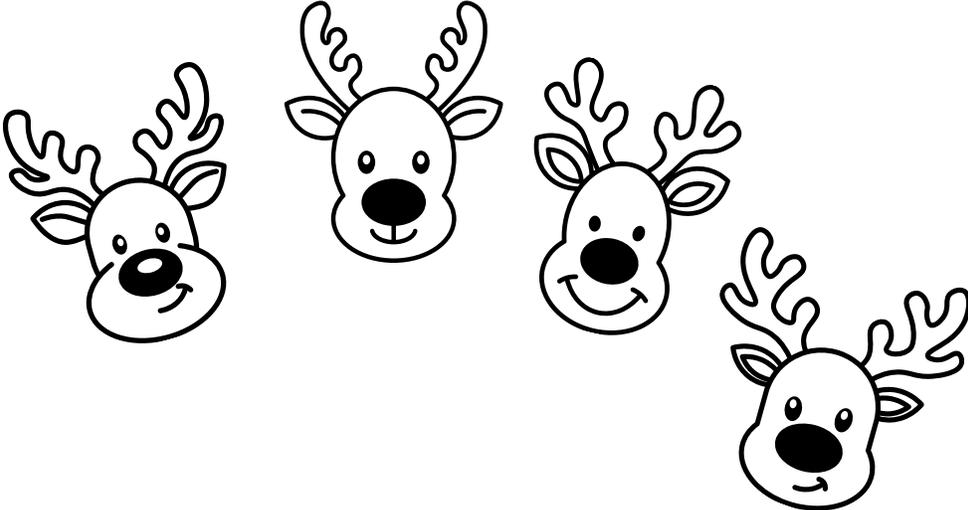
You are special and unique!

What are three awesome things about yourself?

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Five Little Reindeer



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