



Hope at Hand

“Dreams/ Holiday Ornament”

Directions

1. Read: the poem, *Dream Big*
2. Discuss: Speak to the group about making personal goals and brainstorm hopes for the new year. Begin a discussion by sharing your own hopes and dreams for the classroom (ex. "I hope we have a year where we all feel safe to share our ideas").
3. Discuss: Speak to the group about some words that describe their dreams. Ask, "What are a few words that describe your dreams?"
3. Write: Have each group member write their ideas onto strips of holiday paper. Have them fold up the strips so that they can fit into the ornament.
4. Art: Distribute ornaments and baggies with ornament filler. Ask children to fill the ornament, then put the top on. Put the twine through the loop on the top of the ornament. Tie a knot at the top of the twine so the ornament can hang.

Materials

Colored pencils or crayons, washable and non-toxic paint, paper plates for paint.

Dream Big

by Sidnie

My dream is a bright, shiny star,
I can see it, no matter how far.
I have a dream in my heart,
A dream that's a wonderful work of art.

It could be a game I want to win,
Or a new skill I want to begin.
I will practice, I will try,
And I will reach for the sky!
For every dream, big or small,
I'll give it my all!
Working hard is the only way,
To reach my goal day by day!

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